



# Bowling Green Skating Club

## Board of Governors

President: Pat Rabb  
Vice President: Patti Lahey  
Vice President: Christine Laughlin  
Treasurer: Karen Rose  
Secretary: Dianna O'Bryan

Members at Large  
Lisa Kaiser  
Patti Porter  
Heidi Reger  
Jeff Rybak

---

July / August 2005 Newsletter

PO Box 566, Bowling Green, OH 43402

[www.bgskateclub.org](http://www.bgskateclub.org)

---

## 4th ANNUAL MINIATURE GOLF OUTING

The 4<sup>th</sup> annual BGSC miniature golf outing/fundraiser will be **October 1<sup>st</sup> at the Perry Falls miniature golf course** located on Route 25 between Perrysburg and Bowling Green. It will be from 10:00am-2:00pm with the rain date being Sunday, October 2<sup>nd</sup>. Something new this year is that we will be having registration for Junior Club and Adult Club at the golf outing. Please keep in mind:

- This is a major fundraising event for our club.
- This is a great opportunity for you to get your volunteer hours in early.
- Hole sponsorships are available at \$100 for a full or \$50 for a half of a hole and hole sponsorships count toward your volunteer hours. If you or a business would like to sponsor a hole, please contact Heidi Reger at 419-354-3510.
- If you or a business would like to donate a prize, please contact Jim Hansen at 419-874-6207.

- Food donations can also be counted towards your volunteer commitment. Please contact Barb Ridgeway at 419-878-6604 if you are available to help with the food

The outing is a fun and exciting opportunity to gather with members of the club. Great prizes, one round of mini golf, and a picnic lunch is all provided in the cost of admission. Look for sign-up sheets to be posted at the rink to work or donate food/supplies/prizes. See You There!!

### JUNIOR CLUB AND ADULT CLUB REGISTRATION

The registration day for Junior Club and Adult Club will be **October 1<sup>st</sup> at the miniature golf outing**. Look for registration details in the September newsletter

## A Big Thanks

A big thanks and farewell to **Chris Kaiser** who stepped down as a testing chairperson this past July. Chris has been involved with the testing committee for the last eight years and has co-chaired it for the last six years. She worked very hard at getting higher level judges at the test session to accommodate the skaters. She was even known to stake out judges room at competitions to find judges. Chris rarely

missed a test session and was usually the first person there. She also greatly improved our clubs reputation with the judges and got some of them to come on a fairly regular basis. Whenever a crisis occurred at a test session, Chris handled with grace and poise. Chris was also instrumental in bringing in the first dance partner to the Monday night sessions on a regular basis.

## USED SKATE SALE

Saturday October 15 will be the first **USED SKATE AND APPAREL SALE** at the rink. The sale will run from 7:45 until 11:00. You can start dropping things off at 7:30.

**Sellers** - Please have all items marked with the name of the seller and the cost of the item and bring a business-sized envelope with the list of items you are selling. Also denote on the envelope if you will accept checks and please put your name on the envelope. All items must be picked up by 11:15. Anything not

picked up by then will be placed in room 164A at the arena. We cannot be responsible for anything left in that room as many many people have access to it.

**Buyers** - Please bring small bills as we will not have enough change for everyone's \$20s. Also, please do not carry an item around for the entire sale and then decide not to buy it. Someone else might be interested. We will answer questions about the used skates the best we can but we are not experts.

## 2005 BIG Synchro Camp

The 1st annual BIG Synchro Camp was a huge success! Skaters traveled to Bowling Green from Florida, Minnesota, Illinois, Michigan, and all over Ohio for the camp that took place from June 24-26, 2005. On-ice sessions were led by two of the top coaches in the world: Carla DeGirolamo, coach of Miami University's National Silver Medallists and World Team Members, and Erin Donovan, coach of the Ann Arbor Hockettes Junior National Champions and Junior World Team Members. Skaters attended off-ice classes in sport nutrition, team building, sports psychology, water aerobics, and pilates. The Hawaiian Luau and Climbing Wall were also a hit. Eleven Bowling Green Skating Club members participated in the camp. Information for the 2006 camp will be out in December. Mark your calendars!

## Elites Synchronized Skating Teams

For the 2005-2006 season, the BGSC will be having two teams: Open Juvenile and Adult. Both teams will be coached by Lana Mastroianni. We are still looking for two more skaters for the Open Juvenile Team. Please contact Lana at [Lanamas@bgsu.edu](mailto:Lanamas@bgsu.edu) if you are interested or would like more information. Plans are also underway for a four week clinic in October for skaters who have passed Basic 5 through Free Skate 4. This is a great chance for your skater to try synchro before making a commitment to a team. After the four weeks, we hope to form a Preliminary or Pre-Juvenile team that would compete at the Tri-States Synchro Competition in February. Information will be available at Junior Club Registration and in the September newsletter or contact Lana at [Lanamas@bgsu.edu](mailto:Lanamas@bgsu.edu).

## BGSC Testing Committee Policies

Much thought and consideration goes into creating the test schedule. All warm up times, amount of time permitted for each test and amount of time permitted in each flight, are all calculated using USFSA guidelines. We also consider the recommendations and preferences of our Judges when putting together a test schedule.

Once the test schedule is established, it will be posted at the BGSU Ice arena, on the BGSC web site, and provided to the skater's coach. The schedule will be made available one week before the test session.

It is the goal of the BGSC to accommodate all requested tests, but situations may arise that prohibit this. In the event that there are more applications for skating tests than can be accommodated in a scheduled test session, the following guidelines will be used to defer applicants until a manageable number of applicants is reached:

(Note: These guidelines are listed in the order that they will be applied.)

1. **Late** - Any applications that are turned in late will be deferred first.
2. **Member Not In Good Standing** - Applicants whose fees are not paid or other membership obligations are not met.
3. **Out of Club** - Non BGSC applicants are deferred third.
4. **Higher level tests** - Higher tests may be given more consideration over lower level tests.

In the event that a skater will not be able to test, the parents & coach will be notified by the Testing Committee.

These are the main guidelines used **only after all efforts have been made to place all the applicants in the schedule**. The Testing Committee is not limited to these guidelines as various circumstances may warrant other considerations.

## Power Skating Seminar

The Bowling Green Skating Club is hosting a **Power Skating Seminar** on Saturday, September 24, 2005 from 7:45am til 11:30am at the BGSU Ice Arena.

Features of the Seminar Include:

- Advanced Stroking, Creative Footwork, and Power and Hydro-blading Techniques with **Olympian Charlie Butler**.
- Judging Philosophies with USFSA Judges (parents welcome).
- Pilates for Figure Skaters with Darlene Whipple Chambers, owner of Balance Quest Yoga & Pilates Studio.

- Rap Session with all the presenters, skaters, and parents.

The Cost is only \$60 per skater, and includes Charlie Butler's DVD "Physics on Ice." This seminar is open to BGSC, Monroe FSC, and the Findlay Silver Blades skaters working on USFSA Pre-Preliminary through Senior Moves in the Field. Enrollment is limited to the first 60 skaters and applications are due September 10, 2005. Applications were emailed last week. They are also available on the club website, [www.bgskateclub.org](http://www.bgskateclub.org), or at the BGSU Ice Arena.

## Judge's Critique

Have you ever looked at your results at a competition and thought to yourself "what were the judges thinking"?

Have you ever skated your best and not place well or not skated your best and place higher than you thought?

Well if you have ever wondered "what are the judges looking for" then here is your chance. BGSC will be offering our fourth annual Judges Critique on Tuesday, September 8th from 7:15 to 9:15. This is your opportunity to skate your program and then talk with high level judges about it. I would recommend this for any skater who is dedicated to being the best they can be.

The critique is open to all level skaters however parents of young skaters please keep in mind this is a critique! BGSC will be offering this to club members at a cost of \$10.00 for the first program and \$5.00 for any additional programs. Short programs, dance and moves will be available for critique, time permitting. A schedule will be posted 1 week prior to the critique. Space will be limited to the first 20 skaters. If you have any questions please contact Christine Laughlin at [laughlin@wcnnet.org](mailto:laughlin@wcnnet.org).

## General Sessions

The BGSC will again offer general skating sessions beginning in October. Two separate general session series will be offered again this year: Monday 6:30 - 8:30 PM and Wednesday 6:30 - 7:45 PM You may register for either or both series.

- Monday night series (for skaters at the Pre-Preliminary MIF level or higher) starts **October 10**. (The first two Monday night sessions will start earlier & have some additional time. The October 10th session will start at 5:30 & the October 17th session will start at 5:15.)
- Wednesday night series (for skaters at the Basic 8 level or higher) starts **October 5**.

The costs for the sessions will be \$9 per hour for those who have contracted for the entire season and \$12 per hour for walk-ons. Both series will end in late April. These sessions are on a **first come-first served basis**. Registration forms will be available shortly.

**REMINDER** - All past due club fees, volunteer fees and show fees must be paid up before you can sign up for these sessions.

## Exhibition Request Form

The 2005-2006 hockey game exhibition request form is now available at the BGSU Ice Arena and on the BGSC website. It must be submitted to Ice Arena, Assistant Director Lona Leck by Friday, September 16, 2005 to be considered for performances at this season's BGSU or BGHS games. Game assignments will be posted on or about October 1, 2005.

Wow!!!

**Megan Bellman** has completed the final level in the USFSA Moves in the Field testing progression passing her Senior Moves in the Field test at the July 16<sup>th</sup> test session. Congratulations Megan!!!

## Flag City Skate Camp

Several Bowling Green Skating Club members attended the recent Flag City Skate Camp held in Findlay, Ohio. The skaters enjoyed the camp, learned a lot, made new friends, & tried some things for the first time. The five-day camp included a variety of both on-ice and off-ice sessions. For each on-ice session, the skaters were divided into groups based on their skating level. The ratio of skaters to coaches was great, with about one coach for every five skaters.

The on-ice sessions included instruction on edge jumps, toe jumps, combination jumps, jump sequences, jump entrances & split jumps. There were also spins sessions that covered one position spins, combination spins, flying spins, & spin variations. Other on-ice sessions included stroking, moves, and dance. The camp also provided an opportunity for the skaters to experience aspects of skating that many had not been exposed to before including synchro, theater, & an introduction to pairs skating. It was definitely a new, exciting & somewhat scary experience for the skaters to be lifted above the ice by a male partner.

The camp gave skaters opportunities to work with Olympic, World, & National level coaches including Yuka Sato, Steve Hartsell, and Dan Hollander. Private lessons with these coaches were also offered during the week.

The off-ice sessions included dance instruction (jazz, hip-hop, modern & ballet), stretch & flexibility classes, presentation classes, nutrition, sport psychology, and a judges forum.

The camp also offered a ½ day parent's session covering topics such as nutrition & sport psychology. The parents also had an opportunity to meet with a judge and ask questions. It was interesting to hear a judge's perspective on competitions and to learn more about what judges are looking for in a skater's program.

The coordinators of the camp hope to offer the camp again next summer, so look for an announcement in the spring regarding next year's camp.

# Ice Arena Figure Skating Schedule

The Ice Arena has relayed its plans for figure skating ice during the year. This is ice that is offered by the rink, not the BGSC. The following are the details regarding the schedule:

August 22 to September 30 – There will be figure skating sessions each weekday for varying amounts of time. These are typically late afternoon & evening.

October 1 to October 23 – There will be less weekday figure skating sessions.

October 24 to end of hockey season – Each Friday there will be a figure skating session starting at 3:45. The ending time will vary depending on whether there is a BGSU hockey game. Other than early mornings, there will not be other figure skating sessions.

Throughout the year – There will be figure skating sessions in the mornings on Mondays, Wednesdays

& Fridays. Times for these will typically be 7:15 – 8:45am.

This information is being provided to you in order that you might make plans for your skating season. Please remember that these are general guidelines. The schedule is subject to change. You should check the rink's on-line schedule each week as it is usually the most up-to-date. The paper schedules can change after being printed up.

## Special General Sessions

The BGSC will offer an additional General Session series on Tuesday nights from 6:30 – 7:30pm. These sessions will be offered for 4 nights (9/20, 9/27, 10/4, & 10/11). The sessions are open to all skaters. For those who pre-register for these sessions, the fee for each session will be \$9.00 (for a total of \$36). Drop-in skaters (have not pre-registered), will be charged \$12.00 for each session that they skate. Registration forms for these sessions will be available shortly.

## TEST RESULTS

Test Session / July 16 2005			
Last	First	Test Passed	Dance
Cheung	Morgan	Preliminary Dance	<i>Canasta, Dutch Waltz, Rhythm Blues</i>
Haylett	Charity	Preliminary Dance	<i>Canasta, Rhythm Blues</i>
Rybak	Erica	Preliminary Dance	<i>Dutch Waltz, Rhythm Blues</i>
Laughlin	Melanie	Pre Bronze Dance	<i>Swing, Fiesta Tango</i>
Veller	Alexa	Pre Bronze Dance	<i>Swing, Fiesta Tango</i>
Asmus	McKinley	Bronze Dance	<i>Hickory Hoedown, Ten Fox</i>
Jackson	Taylor	Bronze Dance	<i>Ten Fox</i>
Rabb	Michelle	Bronze Dance	<i>Willow Waltz</i>
Kuhn	Danielle	Pre Silver Dance	<i>European</i>
Laughlin	Emily	Pre Silver Dance	<i>Fourteen Step</i>
Mian	Natalya	Pre Silver Dance	<i>Fourteen Step</i>
Lui	Edith	Pre Preliminary MIF	
Neumann	Annie	Pre Preliminary MIF	
Polder	Taylor	Pre Preliminary MIF	
Williams	Mady	Pre Preliminary MIF	
Asmus	Madeline	Preliminary MIF	
Haylett	Charity	Preliminary MIF	
Smith	Fiona	Preliminary MIF	
Juvenile	Pre	Pre Juvenile MIF	
Asmus	McKinley	Pre Juvenile MIF	
Cheung	Morgan	Pre Juvenile MIF	
Jackson	Taylor	Juvenile MIF	
Peterson	Taylor	Juvenile MIF	
Mian	Natalya	Intermediate MIF	
Bakies	Ashley	Novice MIF	
LaFond	Olivia	Novice MIF	
Bellman	Megan	Senior MIF	
Polder	Taylor	Pre Preliminary FS	

# COMPETITION RESULTS

2005 Troy Summer Competition / July 7-10 2005			
Last	First	Place	Event
Avery	Marissa	2	Basic Skills 4 - A
Barman	Larissa	1	Basic Skills 6
Brown	McKenzie	5	Beginner Girls Free Skating - C
Brown	McKenzie	7	Beginner Girls Compulsory Moves - B
Cano	Carmen	2	Basic Skills Free Skate 1 & 2 - C
Cano	Christina	3	Basic Skills 4 - Group B
Czubinski	Emily	3	Basic Skills Free Skate 1 & 2 - C
Dempsey	Miranda	2	Beginner Girls Compulsory Moves - B
Dempsey	Miranda	6	Beginner Girls Free Skating - C
Dempsey	Miranda	6	Beginner/Pre-Preliminary Spins
Erskine	Sophia	1	Basic Skills 1
Jackson	Taylor	2	Pre-Preliminary Girls High Free Skate
Jackson	Taylor	5	Preliminary Compulsory Moves - B
Johnson	Ruthanne	3	Basic Skills 2
Lahey	Kelsey	5	Preliminary Compulsory Moves - A
Lahey	Kelsey	7	Pre-Preliminary Girls High Free Skate
Laughlin	Emily	5	Intermediate Ladies Short Program - B
Laughlin	Emily	6	Juvenile Girls Free Skate - A
Leck	Larissa	5	Beginner Girls Free Skating - B
Masell	Katie	2	Basic Skills 3 - A
Neumann	Annie	3	Beginner Girls Free Skating - B
Neumann	Annie	6	Beginner Girls Compulsory Moves - B
O'Bryan	Kelli	3	Beginner/Pre-Preliminary Spins - A
O'Bryan	Kelli	7	Pre-Preliminary Compulsory Moves - A
O'Bryan	Kelli	8	Pre-Preliminary Girls Low Free Skate - B
O'Bryan	Kristi	3	Preliminary Girls Free Skate - B
O'Bryan	Kristi	4	Pre-Juvenile Compulsory Moves
O'Bryan	Kristi	5	Pre-Juvenile/Open Pre-Juvenile Spins
Peterson	Taylor	3	Pre-Preliminary Girls High Free Skate
Peterson	Taylor	6	Preliminary Compulsory Moves - B
Polder	Taylor	2	Pre-Preliminary Girls Low Free Skate - C
Polder	Taylor	4	Pre-Preliminary Compulsory Moves - B
Salloukh	Sydney	3	Basic Skills 5
Sankovich	Anna	4	Beginner Girls Free Skating - C
Sankovich	Anna	8	Pre-Preliminary Compulsory Moves - B
Scherreik	Emily	2	Basic Skills 5
Smith	Ashley	2	Basic Skills 2
Smith	Sabrina	2	Basic Skills Free Skate 1 & 2 - B
Snyder	Melissa	1	Basic Skills 4 - Group B
Syrgos	Krista	1	Basic Skills Free Skate 1 & 2 - C
Van Horn	Courtney	1	Preliminary Girls Free Skating - A
Van Horn	Courtney	9	Pre-Juvenile Compulsory Moves
Veller	Alexa	1	Open Pre-Juvenile Compulsory Moves
Veller	Alexa	4	Open Pre-Juvenile Girls Free Skate
Wenner	Scott	1	Basic Skills 4 - A

Skate Indy 2005 / Jun 24-26 2005			
Last	First	Place	Event
Ryback	Erica	3	Beginner II FS - A

Skate Detroit 2005 / Jul 20-23 2005			
Last	First	Place	Event
Bellman	Megan	7	Novice - C - SP
Bellman	Megan	6	Novice - C - FS
Bellman	Megan	6	Novice - C
Lahey	Kelsey	3	PrePrelim A FS - B
Lahey	Kelsey	6	Preliminary CM - B
Laughlin	Emily	5	Juvenile SP - B
Laughlin	Emily	10	Juvenile FS - C
Rabb	Michelle	4	PrePrelim A FS - C
Rabb	Michelle	6	Preliminary CM - C

Lansing Van Camp 2005 / Aug 12-13 2005			
Last	First	Place	Event
Laughlin	Emily	4	Juvenile SP - Flight C
Laughlin	Emily	13	Juvenile FINAL
Laughlin	Melanie	3	Preliminary FS FINAL
Laughlin	Melanie	2	Preliminary FS - Flight A
Laughlin	Melanie	5	PreJuv CM